



INSTEAD OF...

TRY SAYING

"Stop fighting!"

"I can see you are hurting each other, I can't let that happen.
I need to keep you both safe"

"You hurt him!"

"You seem very angry. I get it, but you cannot hurt others"

"Don't do it!"

"Are you trying to say ..."

"You are so naughty!"

"Let's find words to express how you feel: we need to use words instead of hands"

"You hurt him, shame!"

"She/he looks sad because you hurt him/her. Let's ask what we can do to make him/her feel better"